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Greetings from Platinum Dental Inc.,

What will you be doing this Spring? Maybe go on a vacation out of the country or maybe stay home and do some local fun. Well whatever you do we hope you enjoy your Spring. Just in case you have no idea on what to do, but don't want to sit home all day here are some ideas:

1. Go to the park. Enjoy the fresh air and maybe read a book.
2. A trip to the beach, the water might still be a little cold to get in, but who says you can't enjoy the sun, but make sure to wear sunscreen you don't want to get a bad sunburn.
3. Maybe you don't want to be outdoors, there are plenty of museums in San Diego you can enjoy.

Well whatever you decide on doing, we hope you enjoy your Spring :)

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Root Canal

The term "root canal" is not normally associated with peaceful and contented images. In reality, a root canal involves little to no discomfort. A root canal is done on a tooth with a diseased nerve and save a tooth along with your smile.

At the core of each tooth is the pulp, where your teeth's nerves are placed. When the pulp is injured or unhealthy, the tooth can die causing you pain and swelling. The most common causes of an unhealthy pulp are cracking of the teeth or a deep cavity.

With a root canal procedure, the dentist can remove the pulp and can clean the inner part of the tooth and then seal it off to prevent further damage. A crown placed over the tooth is used to further reinforce it.

If the tooth is well taken care of, it should last the rest of your life without further procedures. Generally speaking a root canal is a simple procedure that can be done in just one or two visits without the slightest need to be nervous. In the end you are able to keep your tooth and restore your dazzling smile.

Patient of the Month

Kimberly Miller Reutgen



Take-home Teeth Whitening Kit

(\$199 value)

Kit includes:

- 1 custom tray (1 arch of your choice)
- 2 tubes of bleaching gels

You have 30 days to claim your prize!

Would you like to become next month's winner? It's easy just come in to your routine check ups and cleanings and your automatically entered. Want more chances of winning? Well then write us a nice online review and get two entries into our raffle. Easy right! Good Luck

March Specials

Follow us to our [March Promotions.](#)

Have a great day!

Platinum Dental Inc.,

555 S Rancho Santa Fe Rd Suite 100 San Marcos, CA 92078 760 510 9009 staff@platinumdental.com