



Root Canal Therapy Post Op Instructions.

You have just had a root canal therapy (RCT). Follow these instructions to help improve the outcome of your treatment.

1. Do not chew hard/crunchy things on the tooth with RCT. The tooth needs a crown to protect it against fracture. Chewing such things increases the risk of the tooth fracturing.
2. It is normal to experience soreness, even tooth pain when the numbness wears off. This should go away slowly over the next few days. If not, please call us.
3. Take your antibiotics and pain medications as prescribed. Otherwise your healing may be slowed down.
4. Brush and floss your teeth as usual.
5. If your gums are sore do some warm salt water rinses.
6. Eat well. Your body needs the right nutrients for proper healing.
7. Do not delay getting the crown on the tooth. Doing so can cause the tooth to break leaving us no choice but to extract the tooth.
8. Call us with any questions.